

OKOTOKS BRAZILIAN JIU JITSU

Notice

This is a legal document which must be properly completed and signed or your entry will not be accepted. Please read carefully as it eliminates your right to sue under any and all circumstances. If you do not understand what has been written, please obtain legal advice before signing.

Participant:	DOB:
Parent/Guardian:	Phone #:
Address:	EMAIL:

Do you or have you had any of the following **MEDICAL CONDITIONS**:

- | | | |
|--|--------------------------------------|--|
| <input type="radio"/> Asthma | <input type="radio"/> Arthritis | <input type="radio"/> Diabetes |
| <input type="radio"/> Dizziness | <input type="radio"/> Epilepsy | <input type="radio"/> Heart Conditions |
| <input type="radio"/> High Blood Pressure | <input type="radio"/> Skin Disorders | <input type="radio"/> Stroke |
| <input type="radio"/> Other Injuries/Surgeries/Medical Conditions: _____ | | |

Disclaimer

I, the undersigned, hereby understand that Brazilian Jiu-Jitsu is a contact sport and that there is tanding the aforementioned risk of injury, the undersigned acknowledges and accepts the risks involved in the sport of Brazilian Jiu-Jitsu and absolves Okotoks Brazilian Jiu-Jitsu and their instructors, members, agents, and employees of any, and all liability while taking part in any activity programs on the premises whether or not the program is supervised by any of the aforementioned individuals.

Release, Indemnity, Warranty, and Assumption of Risk

In consideration that I am permitted to participate in martial arts classes, fitness classes, seminars, and/or any other activity hosted by Okotoks Brazilian-Jiu Jitsu, I hereby release, remise and forever discharge, and agree to indemnify and save harmless Okotoks Brazilian Jiu-Jitsu, their respective officers, executives, directors, officials, agents, servants, instructors, employees, volunteers ("hereinafter referred to as the releases") from and against all claims, actions, costs, expenses and demands in respect to death, injury, loss of damage to my person or property, howsoever caused, arising out of or in connection with my participating in classes and seminars and not withstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of common duty of care as an occupier of premises, or otherwise, of or by the releases or any of them.

I agree to assume all risks, both known and unknown, and all consequences thereof, arising out of or in connection with my participating in classes or seminars or activities. I agree to adhere to all rules, regulations, and conditions of these activities.

I certify that:

- 1) I am in good physical condition and I have no injury, disease, nor have I injected or ingested anything that would impair my performance or physical condition or increase the likelihood of injury while participating in classes or seminars.
- 2) No physician, nurse, therapist, trainer, coach, manager, or other person has advised me not to participate in classes of this nature.
- 3) I am familiar with martial arts, fitness classes, or seminars of the nature and scope I am participating in. I am aware that there is a high risk of injury by the very nature of these classes such as but are not limited to the following examples: death, fractures, strains and sprains, asphyxia, syncope, pain, and dehydration.
- 4) Parent(s) or legal guardians of minor participants under the age of 18 years additionally agree that they will instruct the minor participants to the above warnings and conditions and their ramifications, and that they consent to the minor's participation.

I have read this document, understand that I give up my rights by signing it and knowing this, sign it voluntarily. I agree to participate knowing the risks and conditions involved and do so entirely of my own free will.

Date:	Signature of Participant/ Parent/Guardian:
Date:	Signature of Okotoks Brazilian Jiu-Jitsu Representative: